

**Minnesota Academy of Nutrition and Dietetics (MAND)
Fall Hot Topic Program**



**Medical Cannabis:
*What Every Healthcare Professional Should Know***

Saturday, **November 5**, 2016

What is old is new! Cannabis (a.k.a. marijuana) has a long history of use in plant-based medicine. Across many cultures and thousands of years, cannabis has been utilized to relieve pain; manage nausea, improve sleep, stimulate appetite and much more. Similar to current trends for ‘whole’, ‘natural’ and ‘organic’ foods, more people are seeking to find relief for their medical dilemmas with natural remedies.

What will you say to your patients when they ask for your thoughts on medical marijuana? Will you know what they are talking about? Will you have a response? This program will deliver the information that covers all the bases including: the plant itself, how the body’s cannabinoid system functions, mechanisms of action for the various formats of medical cannabis, and much more. You will also learn about access and regulations for use specific to the State of Minnesota.

Objectives for attendees:

1. Gain basic knowledge regarding the plant cannabis and its use for medical purposes.
2. Link use of medical cannabis to nutrition benefits and risks.
3. Identify resources on regulations for use and dispensing in the state of Minnesota.

7:30 – 8:00 Registration / Networking / Light Breakfast
8:00 – 10:30 (includes break) *Medical Cannabis - A Therapeutic Option*
Sarah Overby, LPN, Regional Medical Associate, MN Medical Solutions
10:30 – 10:40 Break
10:40 – 11:40 *Introduction and Early Results from the Minnesota Medical Cannabis Program*
Susan Anderson, PhD, Research Scientist, Office of Medical Cannabis, MN Dept. of Health

Rogers Activity Center [Ample Free Parking]
2nd Floor Activity Room
21080 141st Ave., Rogers, MN 55374

Register on-line at <https://www.eatrightmn.org/event/mand-fall-workshop/> by **October 28th**.

MAND RDN/DTR	\$35.00
Students	\$15.00
Non-Members	\$45.00

Approved for 3 CPEs from the Commission on Dietetic Registration (CDR)

Learning Codes: 2010 dietary supplements, botanicals; 5420 complementary care and alternative therapies or other codes applicable to portfolio

Competencies: 8.3 Demonstrates a commitment to maintaining and enhancing knowledge. 10.4 Applies knowledge of the interrelationship and impact of pharmacotherapy, dietary supplements, functional foods and nutrients on health and disease in accordance with Scope of Practice and Standards of Professional Performance for RDNs.

Attendance certificates will be available for other health care professionals.

For questions contact the MAND office at mand@eatrightmn.org or 952-830-7022.

About the Speakers:

Susan Anderson is a research scientist with the Office of Medical Cannabis at the Minnesota Department of Health. Within her role, she analyzes data from Minnesota's medical cannabis registry, as well as contributing to literature reviews of medical cannabis-related research studies. She received her PhD in Cognitive and Brain Sciences from the University of Minnesota's Department of Psychology, specializing in experimental research on human learning and memory processes. She is also a former faculty member of Minnesota State University-Mankato's Psychology Department where she has taught, among other courses, psychopharmacology (including psychopharmacology of cannabis).

Sarah Overby received her nursing degree from Minnesota State Community & Technical College in Moorhead, MN. She has been in the health care industry for over 20 years, with 10 years of service as a nurse. Her experience extends across various disciplines including geriatrics, pediatrics, family medicine, cardiology, medical surgery and women's health. Sarah joined Minnesota Medical Solutions in the spring of 2016 as the medical science liaison. Sarah is spearheading outreach and education for not only healthcare professionals, but patient and community groups as well.

To Register by mail please complete the following and send this portion of the page to:

MAND, PO Box 19160, Minneapolis, MN 55419

Postmark Deadline for Mailed Registrations: October 28, 2016

Name: _____

Credentials: _____ Member: ___ MAND ___ Student ___ Other _____

Address: _____

City: _____ State: _____ Zip: _____

Daytime Telephone: _____ Email Address: _____

Place of Employment: _____

College and/or Internship Program: _____

of Tickets: MAND RDN/DTR ___\$35.00 ___Student \$15.00 ___ Non-Members \$ 45.00

Amount Enclosed or to be Billed to Credit Card \$ _____

Make checks payable to: Minnesota Academy of Nutrition and Dietetics

Credit Card: (Visa, Discover, MC or AmEx)

Account Number _____

Expiration Date _____ Zip Code for Billing Address _____

Signature _____